Artificial Intelligence for Digital Breast Tomosynthesis: A tool to enhance radiologist's performance and efficiency

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Disclosures

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Introduction and Research Question

- Breast cancer screening programs reduce mortality¹
- DBT improves cancer detection and reduces false positive calls²

 Artificial Intelligence (AI) showed improvements³ in breast cancer detection with digital mammography (DM)

Can an AI show the same benefits with DBT images?

¹ Lauby-Secretan B. et al. Breast-Cancer Screening — Viewpoint of the IARC Working Group. New England Journal of Medicine. 2015.

² Sharpe RE et al. Increased Cancer Detection Rate and Variations in the Recall Rate Resulting from Implementation of 3D Digital Breast Tomosynthesis into a Population-based Screening Program. Radiology. 2016.

³ Pacilè S. et al. Improving Breast Cancer Detection Accuracy of Mammography with the concurrent Use of an Artificial Intelligence Tool. Radiology: Artificial Intelligence. 2020.

Materials and Methods 1/2

Study population

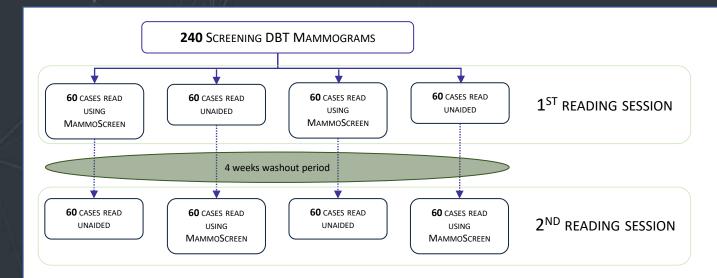
- Cohort: 240 women
- Dataset: **DBT only**
- Readers: 20 radiologists

Reader test

- Forced BI-RADS (1-5)
- Level of suspicion (1 100)
- Position of the most suspicious lesion (if any) ullet

80 True Positive cases	34 False Negative cases
80 True Negative cases	46 False Positive cases
Cases distribution – definitions refer	to the original interpretation of the

mammogram (i.e., the **initial reader assessment** at the time of the acquisition),

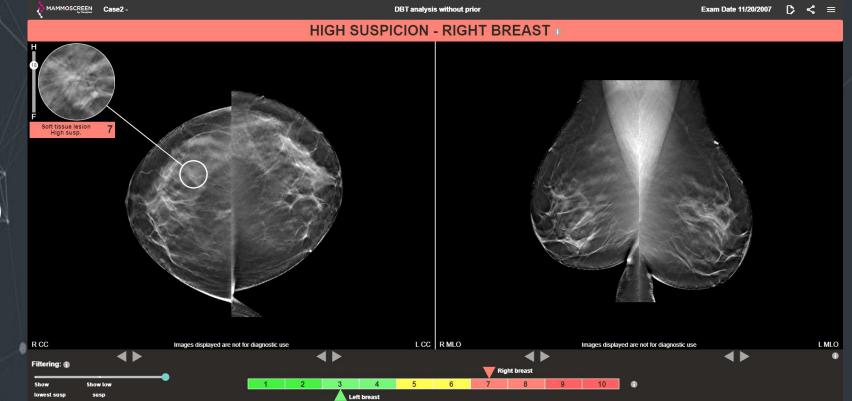


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Materials and Methods 2/2

Al system: MammoScreen v2.0.0 (Therapixel)

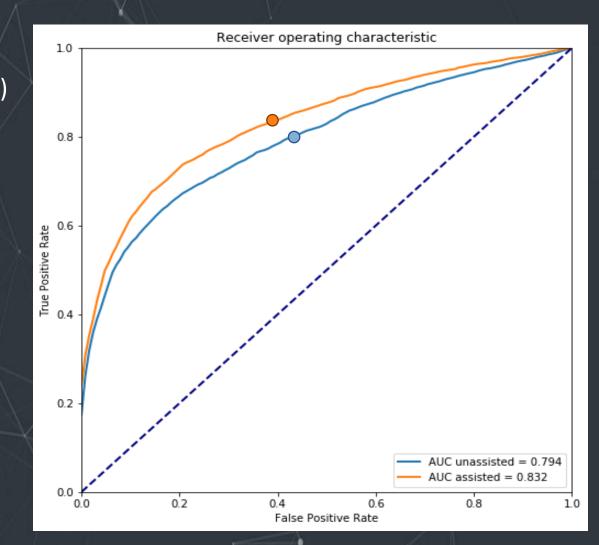
- Inputs:
 - 4 DBT views
- Outputs:
 - Findings (in-plane position + DBT slice)
 - Level of suspicion:
 From 1 (benign)
 to 10 (highly suspicious)



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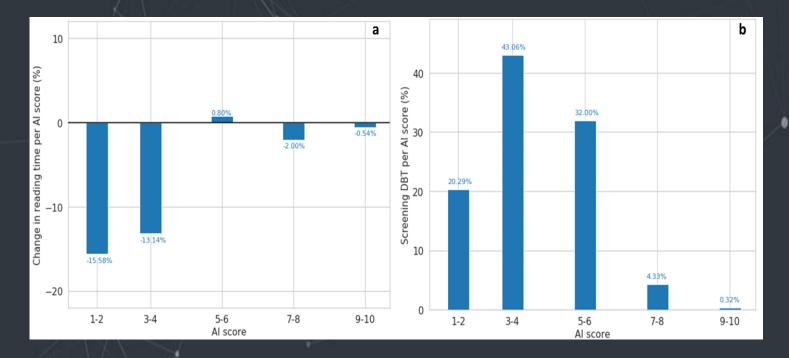
Results 1/2

- Average AUC: +4% (CI: 1.9% to 5.7%, p < 0.001)
 - w/o AI = 0.79 (CI: 0.75 0.84)
 - with AI = 0.83 (CI: 0.79 0.87)
- Sensitivity: +2% (CI: -0.4% to 4.2%, p = 0.012)
 - w/o AI = 0.80
 - with AI = 0.82
- Specificity: +5% (CI: 1.5% to 8.7%, p = 0.007)
 w/o AI = 0.56
 - with AI = 0.61



Results 2/2

- Average reading time reduced:
 - w/o AI = 74.7 s
 - with AI = 70.9 s
- On a simulated **screening distribution**:
 - -8% (CI: -13% to 3.1%)



a) Percentage change in reading time per Al score category.

b) Distribution of DBT examinations per AI score on a simulated screening population.

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Conclusions

• Improved performance in breast cancer screening with DBT:

- +2% sensitivity \rightarrow Up to 6600 more cancers found per year*
- +5% specificity → -3% recall rate**

Reduced reading time per case on a screening population:
 → Up to 13% additional cases per batch

• Future work: Evaluate the benefits of AI with DB prospectively

*based on data available from "American Cancer Society. Breast Cancer Facts & Figures 2019-2020. Atlanta: American Cancer Society, Inc. 2019." **based on prevalence used during MRMC study

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